FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Reporting Pe RISKEY MARY KATHRYN	2. Issuer Name a TWO HARBO [TWO]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director10% Owner _X_Officer (give title below)Other (specify below)				
(Last) (First) TWO HARBORS INVESTME LEXINGTON AVENUE, SUI	3. Date of Earliest 01/29/2020	t Transactio	on (N	ionth/Day	/Year)	Chief Financial (Officer				
(Street) NEW YORK, NY 10022	4. If Amendment,	Date Orig	inal I	Filed(Month	n/Day/Ye	ear) (-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	-	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial	
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common stock, par value \$0.01 per share	01/29/2020		S ⁽¹⁾		5,262 (<u>2)</u>	D	\$ 15.1499 (<u>3)</u>	114,822	D		
Common stock, par value \$0.01 per share	01/30/2020		S ⁽¹⁾		2,533 (2)	D	\$ 15.2	112,289	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.	5. 6. Date Exercisable		7. Title and		8. Price of	9. Number of	10.	11. Nature	
Derivative	Conversion	Date	Execution Date, if	Transact	tion	Number and Expiration Date		Amount of Derivati		Derivative	Derivative	Ownership	of Indirect		
Security	or Exercise	(Month/Day/Year)	any	Code		of (Month/Day/Year) U		Underlying Se		Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Deriv	vative		Securities (Instr. 5		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Secur	ities	ties		(Instr. 3 and			Owned	Security:	(Instr. 4)
	Security					Acqu	Acquired		4)		Following	Direct (D)			
						(A) or					Reported	or Indirect			
						Disposed					Transaction(s)	(I)			
						of (D)					(Instr. 4)	(Instr. 4)			
						(Instr. 3, 4, and 5)									
											Amount				
								Dete	Enviration		or				
								Date Exercisable	Expiration Date	Title	Number				
								Exercisable			of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

Departing Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
RISKEY MARY KATHRYN TWO HARBORS INVESTMENT CORP. 575 LEXINGTON AVENUE, SUITE 2930 NEW YORK, NY 10022			Chief Financial Officer					

Signatures

**Signature of Reporting Person

01/31/2020 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78 ff(a).
- (1) The transactions reported on this Form 4 were effected pursuant to trading instructions given by the reporting person on May 21, 2015 in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.
- (2) The reporting person sold the shares to satisfy income tax liabilities incurred as a result of a vestings that occurred on January 28, 2020 and January 29, 2020 of restricted stock awards previously granted to the reporting person.
- (3) Per share price reflects the weighted average price paid. The shares were sold in multiple transactions at prices ranging from \$15.135 to \$15.1501. The reporting person undertakes to provide, upon request, full information regarding the shares purchased in such transactions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.